



# INTERNATIONAL TRANSCENDENTAL MEDITATION TEACHER TRAINING COURSE FOR THE AGE OF ENLIGHTENMENT

Welcoming Applicants from Europe, Africa, Middle East, Australia, and New Zealand  
to the International Capital of the Age of Enlightenment—Seelisberg, Switzerland  
15 MAY 2010 TO 2 OCTOBER 2010

*The creation of Heaven on Earth is the most desirable project in the entire history of human race. The Teachers of Transcendental Meditation are the founders of Heaven on Earth. They have that regenerative role in the history of mankind.*

*'The Teachers of Transcendental Meditation whisper the supreme knowledge of life, which can raise any individual to the supreme level of human achievement—Unity Consciousness—and create a world of all progress, peace, harmony, and abundance—Heaven on Earth for all mankind. Great and wise are the Teachers of Transcendental Meditation'*

—Maharishi

Dear Enlightened Sidhas and Meditators,

It is a joy to announce that an International Transcendental Meditation Teacher Training Course (TTC) for lady Course Participants will be held from 15 May 2010 to 2 October 2010 (four and a half months), at the International Capital of the Age of Enlightenment in Seelisberg, Switzerland—Maharishi's home for a decade in the centre of Europe. This is a special opportunity for Sidhas and Meditators in your country to be trained in the most supreme profession of all time—to gain the ability to whisper infinity and give the gift of Total Knowledge for life in happiness and fulfilment. This is that unique profession where one continually grows in knowledge and blossoms in enlightenment oneself while imparting knowledge for enlightenment, simultaneously creating the basis for Invincibility—Heaven on Earth—for the whole world.

The Transcendental Meditation Teacher Training Course for the Age of Enlightenment is a very precious gift from Maharishi for the enlightenment of every individual and the invincibility of every nation—for the creation of life free from problems and suffering, and for a healthy, happy world based on the health, wealth, and happiness of our world family.

Maharishi's Capital is situated in the midst of the Alpine forests in Seelisberg, overlooking Lake Lucerne and the Rütli meadow, where the Swiss nation was founded. The Capital is always high above the clouds, enjoying a most serene, silent, and pure atmosphere. The course will enjoy the enlightened presence of one of the largest coherence-creating groups in EUROPE.

Meetings will be held in the Grand Hall in Seelisberg and meeting rooms where Maharishi for many years planned so many aspects of his worldwide Movement and brought to light and developed the gems of Total Knowledge that are bringing enlightenment to every individual and invincibility to every nation.

Course Participants will delight in celebrating *Akshaya Tritiya*, the Day of Lasting Achievements (16 May) together with Maharishi's global Movement family. In July, Guru Purnima Day festivities will be an added inspiration for the course. There will also be some occasions for the course to enjoy boat rides on Lake Lucerne, as Maharishi enjoyed for so many years, and at the end of the course to visit some of the extraordinary beauty spots unique to this area of Switzerland.

**TRAINING:** Maharishi's 'Transcendental Meditation Teacher Training Course for the Age of Enlightenment' is taught by Maharishi through his videotaped lectures, and his standardized teaching procedures.

Graduates from the course will become qualified Teachers of Maharishi's Transcendental Meditation Programme and will participate in bringing Maharishi's Total Knowledge to women of all ages and the gift of higher knowledge for higher consciousness to the student population of the country.

One of the course requirements established by Maharishi is that all Teachers of Transcendental Meditation practise the Transcendental Meditation Sidhi Programme for their greater fulfilment and success in life. Those who are not yet practising the Transcendental Meditation Sidhi Programme will have the opportunity to receive instruction in this advanced programme at the beginning of the course.

Each Course Participant is asked to consider before the course with which Maharishi Invincibility Centre she will associate, or if there is no Centre in her area, where she plans to establish one after graduating from the course. The National Director/GMDO National Director can help her make her choice.

Being a Teacher of Transcendental Meditation is a full-time profession. Those applying for the course should have the desire to be full-time Teachers of Transcendental Meditation after the course. This is the most important profession for the transformation of life on Earth. There is a very timely need for enlightened Teachers of Transcendental Meditation in every city and town of every country.

**COURSE DATES:** The duration of the course will be four and a half months (140 days); it will begin on 15 May 2010 (arrival day) and continue full time until 2 October 2010 (departure day).

**COURSE LOCATION:** Full address details and information on how to reach the course location will be provided.

**LANGUAGE:** The course lessons are in English, but translation can be arranged as necessary. The participants from each country will study the detailed course material in their own language.

**COURSE FEE:** Please contact your National Course Office or local centre for details of the TTC tuition fee and the additional fee for the Transcendental Meditation Sidhi Course for Meditators, which will be offered at the beginning of the TTC (if applicable). The full course fee includes the cost of room and board and general administration expenses. Accommodations include pure organic vegetarian meals.

**APPLICATION PROCEDURE:** For more information about the course, the application, payment procedures, visa requirements, etc., please contact the National Course Office in your country.

**ADDITIONAL INFORMATION:** Transportation to and from the course, visa application fee, health-care insurance, and any other personal expenses are the responsibility of each Course Participant. It is important for applicants to apply as soon as possible. **Applications should be submitted by 5 April 2010, and visa arrangements need to be finalized in time.**

We look forward to welcoming you to become a cherished exponent of this supreme knowledge of life and to enjoy the greatest profession as a teacher of Total Knowledge with the ability to raise the quality of life for every individual and every nation and bring peace to the family of nations—Heaven on Earth.

With our very best wishes in Maharishi's Third Year of Invincibility—Global Raam Raj

*Jai Guru Dev*  
International Course Office